

## Who we are!

The Behaviour Support service for Conwy is a small team of 3 and is based in Kinmel Bay. The team consist of:

Deborah Roberts	Behaviour Practitioner
Sophie Beckett	Behaviour Support Worker
Tracy Williams	Secretary

I DON'T WANT TO GO TO  
SCHOOL! I HATE SCHOOL!  
I'D RATHER DO ANYTHING  
THAN GO TO SCHOOL!



## What we offer to parents / carers.

- **Incredible Years School Age Programme.**  
This 'gold standard' programme is a 10 week course, 2 hours a week. Research shows that this works best for changing behaviour and is a recommended treatment for antisocial behaviour and ADHD.
- **Introduction to Behaviour Management**  
A 6 week behaviour management course for 1 hour a week, based on Incredible Years Principles.
- **Nurturing Programme**  
A 10 week course, 2 hours a week currently gathering evidence.
- **Individual Intervention**  
This is offered to parents / carers who are unable to make a group, and is based on service need and service availability.

*We will discuss all of the options and together we will decide the best way forward*